

## Scalloped Potatoes

Blend in a blender until creamy, about 1 minute:

1 cup rinsed raw cashews

1 cup water

Add and blend:

2 tsp cornstarch

2 tsp salt

3 cups water

Wash and thinly slice 8 medium to large potatoes

Chop fine 1 medium onion.

Layer the potatoes, onions and cashew mixture alternately in a casserole dish that has been sprayed with nonstick cooking spray ending with the cashew mixture.

Cover and bake at 375 degrees F. for 1 hr.

Remove cover and bake at 350 degrees F for another hour or until potatoes are tender.

(From Caring Kitchens by Gloria Lawson)